



सत्यमेव जयते

File No. S. 11030/33/13/CGHS(P)
Government of India
Ministry of Health & Family Welfare
Department of Health & Family Welfare
CGHS (P)

Nirman Bhawan, New Delhi

Dated the 6th November 2013

OFFICE MEMORANDUM

Sub. : Guidelines and ceiling rates for permission/reimbursement for Bariatric Surgery procedures under CGHS/CS(MA) Rules, 1944 – reg.

The undersigned is directed to state that this Ministry has been receiving requests from beneficiaries covered under CGHS/CS(MA) Rules, 1944 for allowing "Bariatric Surgery" procedures. Since no guidelines were in place for this medical treatment procedure under CGHS/CS(MA) Rules, the requests for allowing bariatric surgery were considered on merits of each case. In view of the increasing number of such cases, the matter was considered in the Ministry and it has been decided to issue guidelines for dealing with such requests and fix ceiling rates for Bariatric Surgery procedure under CGHS and CS (MA) Rules, 1944.

2. Bariatric Surgery procedures shall be allowed in respect of CGHS/CS (MA) beneficiaries/patients with 'morbid obesity' as per the guidelines outlined below :-

GUIDELINES FOR BARIATRIC SURGERY

A. **Selection criteria**

Factor	Criteria
Weight (Adults)	a) <i>Body Mass Index (BMI) \geq 40 with no comorbidities</i> b) <i>Body Mass Index BMI \geq with obesity associated comorbidity.</i>

B. **Exclusion criteria**

Factor	Criteria
Exclusion	a) <i>Reversible endocrine or other disorders that can cause obesity.</i> b) <i>Current drug or alcohol abuse.</i> c) <i>Uncontrolled, severe psychiatric illness.</i> d) <i>Lack of comprehension of risks, benefit, expected outcomes, alternatives, and lifestyle changes required with bariatric surgery.</i>

* NIH guidelines, 1991 will be used for selection and exclusion criteria.

C. **Types of Bariatric Surgery procedures allowed**

- i) Laparoscopic Gastric Banding Surgery
- ii) Laparoscopic Sleeve Gastrectomy

- iii) Laparoscopic Gastric Bypass (GBP)
- iv) Other cases – as per examination and recommendation of an Expert Committee.

D. **Hospitals/Centres approved for Bariatric Surgery :-**

Government Hospitals. Hospitals run by PSUs, Private hospitals empanelled under CGHS/CS (MA) Rules. However, bariatric Surgery shall not be allowed in private non-empanelled hospitals under CGHS/CS(MA) Rules.

E. **Permission for Bariatric Surgery :-**

Bariatric Surgery procedures are planned/elective procedures and hence, not regarded as emergency procedures. Prior permission has to be obtained from the competent authority on the basis of recommendation given by a Government Specialist before the surgery is undertaken. No ex-post facto approval for reimbursement shall be given. For those Bariatric Surgery procedures that falls within Para 2(C)(iv), requests for prior permission in such cases shall be examined by an Expert Committee on a case to case basis and in consultation with IFD.

F. **List of Documents required for seeking permission/ reimbursement**

- i) Recommendation by Government Specialist/Surgeon/Govt. GI Surgeon.
- ii) BMI report.
- iii) Reports documenting obesity associated comorbidities should be certified by the concerned Government Specialist.
- iv) Reports to tests for endocrine disorders and relevant reversible conditions that can cause obesity.
- v) Proforma at **Appendix-I** to be duly filled by the recommending Government Specialist with signature and stamp.
- vi) Proforma at **Appendix-II** to be duly filled by the CGHS beneficiary and submitted along with the relevant documents.

G. **Submission of application :-**

- i) In case of serving Government employees, permission shall be granted by the parent Ministry/Department/Offices of the employees. In case of pensioners (including former Vice-Presidents, ex-MPs, former Governors, Lt. Governors Freedom Fighters etc.) – request for permission shall be submitted to the Additional Director/ Joint Director, CGHS, of the concerned Zone or city, duly forwarded by CMO In-charge of concerned CGHS Wellness Center and by Lok Sabha/Rajya Sabha Secretariat in the case of sitting Members of Parliament. In the case of Autonomous Organizations covered under CGHS, both serving, employees and their pensioner beneficiaries will submit their request for permission to undergo Bariatric Surgery to their concerned Ministry/Department/Organization through their respective organization.

APPENDIX – I

Proforma to be attached with application for permission to undergo Bariatric Surgery

A. To be filled by the recommending Government Specialist

1.	Name of Patient/Age/Sex	
2.	Name of Bariatric Surgery Procedure	
3.	Name of recommending Government Specialist	
4.	Hospital	
5.	Date	
6.	BMI	
7.	Comorbidities	
8.	Presence of Reversible Endocrine Disorders causing Obesity	
9.	Controlled Drug or Alcohol abuse	
10.	Uncontrolled Psychiatric illness.	
11.	Lack of comprehension of risks, benefits, expected outcomes, alternatives, and lifestyle changes required with bariatric surgery.	
12.	Signature of Recommending Government Specialist	

APPENDIX -II

B: To be filled by the CGHS Beneficiary

1.	Name of Cardholder with Ben ID	
2.	Name of patient with Ben ID	
3.	Relationship with Cardholder	
4.	Name and Number of CGHS Wellness Centre.	
5.	Residential Address	
6.	Name of procedure which has been advised.	
7.	Name of Hospital where treatment is proposed to be undertaken.	
8.	Name of Government Specialist and Hospital who has advised.	
9.	Signature of Cardholder	
10.	Date	
11.	Forwarding by CMO I/C Wellness Center	